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sprouts grow into trees. / I believe in the magic of the hands. / And in the wisdom of the eyes. / I believe in rain and tears. / And in the blood of infinity. I believe in life. / And I have seen the death parade / March through the torso of the Earth, / Sculpting mud bodies in its path. / I have seen the destruction of daylight; / And seen bloodthirsty maggots / Prayed to and saluted. / I have seen the kind become the blind / And the blind become the bind / In one easy lesson. / I have walked on cut glass. / I have eaten crow and blunder bread / And breathed the stench of indifference. / I have been locked by the lawless. / Handcuffed by the haters. / Gagged by the greedy. / And, if I know anything at all, / It's that a wall is just a wall / And nothing more at all. / It can be broken down. / I believe in living. / I believe in birth. / I believe in the sweat of love / And in the fire of truth. / And I believe that a lost ship, / Steered by tired, seasick sailors, / Can still be guided home / To port.





"The strike marks the largest coordinated prisoners' hunger strike in Britain since 1981, when Bobby Sands and his fellow Irish republican prisoners starved themselves to death in the Maze Prison, their bodies transformed into weapons against a state that claimed to be impervious to moral argument. Ten men died that year before the British government relented on some demands. The hunger strikers of November 2025 will hope for a swifter resolution, but they are prepared, if necessary, to follow the same path to its conclusion."

3

- The Prisoners For Palestine Hunger Strike - a primer

14 in contempt in contempt

Dozens of political prisoners in the UK, including members of the Filton 24 and the Brize Norton 5, Palestine activists locked up for taking direct action against zionist weapons manufacturers, some of whom have been imprisoned for over a year without charges under the "Terrorism Act" announced their intent to launch a hunger strike after the UK government ignored the prisoners' demands as laid out in the letter the delivered to the Home Office on October 20.

The letter called for:

- An end to censorship and surveillance of communications.
- Immediate release on bail for all prisoners on remand.
- A fair trial and full disclosure of government and arms export records.
- Deproscribe Palestine Action and end the use of counter-terrorism laws.
- The permanent shutdown of Elbit Systems sites in the UK.

The first two prisoners, Qesser Zuhrah and Amu Gib, launched their hunger strike on so-called "Balfour Day," November 2 at HMP Bronzefield. A third prisoner, Huba Muraisi joined them on Monday, November 3 from HMP New Hall. A fourth prisoner, Jon Cink, joined the collective hunger strike on Wednesday, November 5 from HMP Bronzefield. As of November 8th, more prisoners are expected to join.

For people looking to support the collective hunger strike, information about ways to support can be found on the support website – prisonersforpalestine.org/support.

From the website:

Assata Shakur Returns to the Ancestors

In the words of Mumia Abu-Jamal,

"Her name, Assata Shakur, has become an iconic symbol of Black revolutionary resistance to the white nation and American empire. Shot, beaten and threatened with death, Assata lived up to the meaning of her name: "She who struggles." Born Joanne Deborah Byron on July 16, 1947, in Queens, N.Y., she came of age during the tumultuous 1960s, when young Black people joined movements and organizations devoted to Black liberation. She joined the Black Panther Party and later, the Black Liberation Army (BLA), and emerged as one of its best-known and best-loved members.

When three young Panthers were driving south on the New Jersey Turnpike, they were ambushed by state troopers, and a shoot-out ensued. One Panther, Zayd Malik Shakur and a state trooper, were shot and killed. Assata was also shot, under her arm. The third Panther, Sundiata Acoli, also survived the ambush. Both survivors were charged with murder. Assata endured some 10 trials or so, winning acquittal after acquittal after acquittal. She was convicted once, and the state threatened her with another conviction for killing of Zayd.

A BLA squad went to her jail and set her free. Shortly thereafter, she made it to Cuba, which granted her political asylum. She began teaching in Cuba, wrote riveting poetry, and prayed for social change in America, and of course, freedom for the Black Nation. She served her people and freedom's cause with bravery, beauty and brilliance. She represented her generation as Harriet Tubman represented hers."

In her poem "Affirmations" Assata wrote the following:

I believe in living. / I believe in the spectrum / Of Beta days and Gamma people. / I believe in sunshine. / In windmills, in waterfalls, / Tricycles, and rocking chairs. / And I believe that seeds grow into sprouts. / And

In a press release, the DFW Support Committee writes:

Goering's arrest continues a trend of escalation by police and prosecutors in a case that now involves 18 defendants. The government is using exorbitant bonds of up to \$15 million to imprison all but one of the defendants. "It's unbelievable that more than three months later the state is still trying to widen the net in this case," said a spokesperson for the DFW Support Committee, a group of family and loved ones of defendants. "They're attempting to prosecute this as an "Antifa" case in order to terrorize the movement in solidarity with immigrants, but it's not going to work."

Additionally, two of the defendants have now been federally charged with "providing material support to terrorists." The Support Committee continues,

The case has been hailed by the Trump administration as the first legal case against "Antifa." On October 15, federal charges were formally brought against two of the Prairieland defendants, Autumn Hill and Zachary Evetts; the charges include 1 count of providing material support to terrorists, 3 counts of attempted murder of officers and employees of the United States, and 3 counts of discharging a firearm during, in relation to, and in furtherance of a crime of violence. FBI director Kash Patel called the defendants "Antifa-aligned anarchist violent extremists," sharing Fox News coverage of the indictments on X. "This seems like a coordinated political campaign," said Stephanie Shiver, wife of defendant Meagan Morris. "The feds didn't do anything for months and then they bring everyone into court just days after Trump designated 'Antifa' a priority threat."



"We who are imprisoned by the British state for resisting the genocide of our beloved Palestinian people declare the beginning of our hunger strike, as we reaffirm our commitment to our struggle from within these prison walls."

"Until our demands are met, we will resist. We ask our government now: are you willing to let us die before you stop arming a genocide?"

"As we take on this struggle, we follow in the honoured legacy of prisoners throughout time, from Ireland to Guantanamo to Palestine. The Resistance has always been banished by the oppressors to the prisons in the hopes that this is where they will send it to die. But now, it is from within these prison walls that we will use the prisoners' tools to disarm the master's house."

excerpts from Qesser's statement

"I still have a duty to fight for freedom from oppression. I believe that we will win. We, as a movement, have a strong history of demonstrating a commitment to justice and liberation so complete that we can survive without eating. There is a hunger in me that food alone will not satisfy. I want, with every fibre of my being, a world that is kind and fair—not cruel, not willing to accept the suffering of the Palestinian people. Such a world is possible and it is what we deserve..."

"When the government breaks the law, citizens have the moral responsibility to act in defence of life, human rights, and collective dignity."

"We will not be silenced, disappeared, or forgotten."

excerpts from Amu's statement

Get Malik Out of the Hole!



2020 George Floyd Uprising political prisoner Malik Muhammad has been held in solitary confinement for more than 230+ days this year in addition to the 250 days he was held last year. His supporters have circulated a phone zap supporting Malik's demands to be released from solitary confinement, receive his mail that's been withheld and to be transferred out of Snake River Correctional Facility.

Malik also has had two new statements posted with updates from the hole and comments on resistance to ICE in Portland:

"All we got is us. No one is coming to save us. No one. Not one, not in Portland, not Governor Newsom in Cali, not Pritzker in Chicago, not Mamdani in New York. All we got is us. They have their team. They're in their camp. Fight for us. Fight back. Pacificity won't save you, and there will never be a time when all of the masses are ready. No, rise up now. Resist. Fight for each other, protect yourself and each other. You're a frog in boiling water, and they're saying it's fine 'cause they're not in the water."

always a possible hindrance when we devote ourselves to the labor of revolutionary love but let us not dwell too deeply on temporary confinements. Rather, let us focus on the many horizons before us and what we will do to reach them. Remembering, "It is our duty to fight for our freedom. It is our duty to win. We must love each other and support each other. We have nothing to lose but our chains.

Total solidarity with the interconnected struggles for self-determination and collective defense everywhere."

Virgin Island 3

Anti-colonialist political prisoners Hanif Bey, Malik Smith, and Abdul Azeez have recently been transferred to Tallahatchie County Correctional Facility.

José Felan

Donate to the prerelease fundraiser for George Floyd Uprising prisoner José Felan, expected to be released from federal prison in December.

José writes from FCI Terre Haute:

"I've been through a lot. You know I've lost a five years in my life and I paid a big price, but I want people to hear my story. I want people to know my story. I want people to know what happened and you know I plan to stay involved when I get out. I plan to be 100% engaged."

Prairieland Defendants

In an early morning raid on October 21, federal agents arrested another person in connection with a July 4 protest at the Prairieland ICE Detention Center.

To do this, there will be a need for relentless and widespread antirepression skill-sharing and prisoner support, so our movement does not fear taking necessary risks."

— from "A Message to a Prisoner Letter Writing Event"

A note from Casey in September 2025:

"Thanks to everybody out there who has shown me love and offered support through this time. I wish every prisoner could experience the level of support you all have shown to me. In here, I've done my best to show my love to all my fellow prisoners and I remain steadfast to the movement to Palestinian liberation and the movements for decolonization and abolition worldwide."

Peppy & Krystal

Read an excerpt from Peppy & Krystal's piece, "On Devotion," from the 2026 Certain Days Calendar:

"Have you ever known love so deep, a life without it is unlivable? The fabric of our worlds are woven with love. The lengths that we go to protect this love is instinctual, a self preservation.

We, derived from earth's elements, creatures of the land we live on are driven to defend our bodies as an abstract state politicizes our existence and attempts to distill all landscapes into battlefields. A struggle between authority and autonomy, state sanctioned violence versus defense of self-sovereignty. As anarchists, we reject their technologies of oppression. As anarchists, we will always reach beyond ourselves moving in concert with others for the great expanses of liberation.

Reaching now from behind concrete walls and inside invisible lines of prison society, we extend our open palms to wave – to offer and receive greetings of solidarity. Prosecution, persecution and imprisonment are

Shine White on Hunger Strike! Phone Zap

From Shine White's support crew:

On October 7, Joseph "Shine White" Stewart was transferred from Foothills CI to Marion CI as punishment for his organizing efforts. Upon arrival, he was restrained, maced, tased on his face, and beaten by guards, sustaining injuries to his shoulder and ribs. This compounds existing injuries inflicted by guards at Foothills CI, for which he has been denied medical attention, in addition to ongoing medical neglect for preexisting chronic health conditions. In response, Shine began a hunger strike on October 11 and is getting weaker by the day. He is demanding to be transferred outside the jurisdiction of Western Regional Director, LaDonna Browning—who is responsible for this intensified repression—and to receive proper medical attention. He is asking supporters to intensify their calls.

DFW Support Committee: Call for Phone Zap at Johnson County Jail

The DFW Support Committee, supporting the Prarieland Defendants, the now 18 people, including protesters, friends and family, and supporters, arrested after the noise demonstration outside the ICE Detention Center in Alvarado, Texas on July 4, 2025, has organized a phone zap to demand access to clean water at Johnson County Jail, where many of the Prarieland Defendants have been imprisoned.

According to an anonymous defendant at JOCO,

"They worked on the water today and now it's brown. So they put some kind of cleaner in it that tastes like bleach and is cloudy and brown. They do not use licensed plumbers but only maintenance people."

Fight Repression, Support the Fighters Tarek Bazrouk Sentenced to 17 Months

20 year old Palestinian student and activist Tarek Bazrouk was sentenced on October 28, 2025 to 17 months in federal prison for 'hate crime' charges, a rare and extreme escalation of repression clearly meant to silence participation in Palestine solidarity protests.

"Western media may mischaracterize and demonize Tarek Bazrouk, but Tarek's community knows him for what he truly is, a young Palestinian whose dream is to see a liberated Palestine, free from the occupation's checkpoints, bombs, and persistent pursuit of Palestinians. Tarek has yearned for this dream since birth and continues to hold onto it with every cell in his body. This sentencing failed to break his spirit. If anything, it reinforced his faith in Allah (SWT). In Tarek's own words, "Indeed Allah is the best of planners they planned and plotted but Allah has His presence everywhere."

"Victory was Tarek's final message to the filled courtroom that came to stand with him. The court was packed with steadfast and loving faces that awaited a reunion. Even in shackles, he raised the victory sign, living proof that chains and jail cells fail to imprison the mind of a free Palestinian. They sought to make an example out of Tarek, but what they don't know is that Tarek embodies courage, resilience, and an unwavering commitment to his people. Tarek represents a generation that refuses to bow to oppression."

"Our prisoners will always remain at the heart of our struggle, the compass of complete liberation. From Tarek Bazrouk to the Holy Land Five, Jahki McCray, Casey Goonan, Malik Muhammad, Leqaa Kordia, Marwan Barghouti, we will honor their sacrifice and continue to fight for their liberation. Their freedom is the key to the liberation of all of Palestine."

Political Prisoner News:

Jessica Reznicek Free

Jessica was released to a halfway house after an eight year federal prison sentence for sabotaging sections of the Dakota Access Pipeline.

Hridindu Roychowdhury

Hridindu has been returned to FCI Marion after beating civil contempt charges for refusing to cooperate with a federal grand jury.

Marius Mason

Marius after being denied gender affirming medical care needs our mutual aidfor his remaining time in prison and for when he is eventually released.

One way to support Marius is by organizing for both the Jan 22 Trans Prisoner Day of Action and the International Day of Solidarity with Marius Mason and All Anarchist Prisoners on June 11 of each year.

Casey Goonan

Casey Goonan, recently sentenced to nearly 20 years in federal prison, has published some of their writings after sentencing, available to read and print.

"We are all, in the first and last instance, interconnected and dependent on one another to extents hardly perceivable. Together we will set the example. May the Intifada of the university campuses be eternally revitalized and may future revolts continue to generalized.